

ALCOHOL AWARENESS MONTH PROCLAMATION

APRIL 2021

WHEREAS, according to the Nebraska Department of Health and Human Services, Alcohol is the most commonly used substance in Nebraska, and an estimated 14.8 million people, ages 12 and older in America, are classified as having an alcohol use disorder, and

WHEREAS, according to the 2020 Nebraska Young Adult Alcohol Opinion Survey, over half of the respondents aged 19-25 years (61.4%) reported using alcohol in the past month, and of these users 52.5% reported binge drinking in the past month, and

WHEREAS, alcohol is the largest contributor to the leading cause of death (unintentional injuries) among young people in America. Alcohol misuse strains the health care, the criminal justice, and the substance abuse treatment systems and impacts educational and workplace productivity. The misuse of alcohol can lead to alcohol poisoning, injuries (e.g., motor vehicle accidents, falls, drowning, and suicide), and chronic health problems, and

WHEREAS, social pressures and cultural norms have contributed to excessive alcohol use, and

WHEREAS, with commitment and support, these and other substance use and mental health issues can be prevented. The focus of **Alcohol Awareness Month** is to assist in the prevention of substance use and promote mental health, and

WHEREAS, through **Alcohol Awareness Month**, people from all walks of life are encouraged to become knowledgeable about what they can do to create a healthier tomorrow for themselves and others by helping to prevent these problems today.

NOW, THEREFORE, BE IT RESOLVED, that I, Nancy Russell, Mayor of the City of Gordon, do declare April 2021 Alcohol Awareness Month in the City of Gordon. I encourage all citizens to attend and participate in the events that will be held and take advantage of the information that will be provided by the City of Gordon and partnering organizations. We, and others across the United States, need to recognize the seriousness of substance use and mental health issues in our communities, the power of prevention, and the tireless efforts of those working to make a difference. The daily actions by individuals, combined with the actions of families, communities, and coalitions, can combine to make up the larger, bold movement of prevention.

/s/ Nancy I Russell

Nancy I Russell, Mayor

Motion by Grant, seconded by Paul to allow Mayor Russell to sign the Alcohol Awareness Month Proclamation. Ayes: Paul, Russell, Grant, Bounous, and Evans.